

Activity 3.1: Personal Values

1. Circle 5 values that you think are important.

- Acceptance
- Achievement
- Adventure
- Ambition
- Beauty
- Boldness
- Compassion
- Challenge
- Community
- Cooperation
- Creativity
- Collaboration
- Courage
- Curiosity
- Determination
- Fairness
- Faith
- Family
- Friendship
- Generosity
- Growth
- Happiness
- Harmony
- Honesty
- Humour
- Imagination
- Independence
- Integrity
- Intelligence
- Kindness
- Love
- Loyalty
- Open-Mindedness
- Openness
- Optimism
- Popularity
- Privacy
- Prosperity
- Recognition
- Respect
- Satisfaction
- Selflessness
- Service
- Spirituality
- Success
- Strength
- Trustworthiness
- Well-being

2. After discussing your choices, narrow your selection down to three values that you believe most important. You can choose to replace any of your original choices.

1. _____

2. _____

3. _____